



Plan for Medicinal Plants Conservation and Sustainable Utilization



Prepared by the State Level Planning Committee

Front Cover Plate

"Every plant has a medicinal value once its taste and potency are known" - Gyushi the Medicine Buddha

Back Cover Plate

Milarepa was an 11th century Buddhist hermit who lived in the Himalayan valleys along the Nepal, Sikkim and Tibet border. Milerapa's deep compassion for wildlife and love for wilderness fostered a spirit of harmony between man and nature in the Himalayas.

<p>༄༅། །རྗེ་མི་ལ་རས་པའི་རེ་འབོད།</p> <p>།གཡའ་རི་དང་གངས་རི་རྩ་རི་གསུམ། །འདི་གསུམ་མི་ལའི་སྐྱབ་གནས་ཡིན། །གཡའ་རྩ་གངས་རྩ་རྩ་གསུམ། །འདི་གསུམ་མི་ལའི་བདུང་རྩ་ཡིན། །ཤ་བ་གོ་བ་གནའ་བ་གསུམ། །འདི་གསུམ་མི་ལའི་སློ་ཕུགས་ཡིན། །གཡི་དང་འཕར་བ་སྐྱང་གི་གསུམ། །འདི་གསུམ་མི་ལའི་སློ་ཁྱི་ཡིན། །སྐྱ་དང་སྐྱུ་མི་འདྲེ་གསུམ། །འདི་གསུམ་མི་ལའི་རྩེ་གོ་གསུམ་ཡིན། །བྱ་འཛོལ་མོ་གོང་མོ་རྩོད་པོ་གསུམ། །དེ་གསུམ་མི་ལའི་ཁྱིམ་བྱ་ཡིན།</p>	<p><i>Milerapa's Plea</i></p> <p>Snow, rock and clay mountains are my hermitages.</p> <p>Snow and glacial rivers are my drinking water</p> <p>Deer, gazelle and blue sheep are my livestock</p> <p>Lynx, wild dog and wolf are my guards</p> <p>Langur, monkey and brown bear are my playmates</p> <p>Thrush, snow cock and griffon are my garden birds</p> <p>If this appeals to you, please join me</p>
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Taken from a poster published by TMI and ICIMOD designed by Lhakpa Norbu Sherpa, painting by Karma Lama

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**Prepared by the State Level Planning Committee
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Cooperating Organizations

Department of Forest, Environment and Wildlife, Sikkim (FEWD)

Foundation for Revitalization of Local Health Traditions (FRLHT)

Ashoka Trust for Research in Ecology and Environment (ATREE)

Ecotourism and Conservation Society of Sikkim (ECOSS)

Khangchendzonga Conservation Committee (KCC)

Sikkim Paryavaran Samrakshan Sangh (SPSS)

Green Circle (GC)

This labour of love has been inspired by the grace and blessings of The Chief Country God of Sikkim

The Khangchendzonga



Source: The Gazetteer of Sikkim

Khang-chen-dzo-nga – The chief country god of Sikkim, of red colour, carrying a *Gyaltsen* or banner of victory, and mounted on a snow lion. His dwelling place is the mountain from which he takes his name. This graceful mountain, and third in height to the Everest, is in itself an object of worship, as it towers high above every other object in the country, and is the first to receive the rays of the rising sun and the last to part with the setting sun. Khangchendzonga literally means five repositories of God's treasure, namely that of gold, silver, gems, grains and holy books. This report dwells on His most valuable treasure namely Biodiversity.