

Himalayan Heritage Hamlet Trek

As a first initiative the “Sikkim Ecotourism and Conservation Federation” has decided to promote a “Himalayan Heritage Hamlet Trek”. Experience first hand the rich and diverse cultures of Sikkim. This 11 day trek passes through some of the remotest villages of Sikkim where the traditional culture is still rich, vibrant and alive. The average altitude of the trek is 1800 meters and even the aged and children can complete this trek easily. One can experience the lifestyle of the yak herders at Chongri, Limboo culture at Topung, Bhutia culture at Melli, make a wish at the Khecheopalri wishing lake, archaeological delights at Yuksam, the first capital of Sikkim, Gurung sheep herders at Pokhri Danra and Labdang, Lepcha indigenous community at Martam and in the end relax in the healing waters of the Borong Heritage hot spring. Best season for this village trek is from October to April. The village based ecotourism committees, will assist in arranging the logistics of this trek, and providing a memorable experience for the tourists. Accommodation can be arranged in homestays as well as village camping sites. Come visit this living cultural museum of Sikkim!



Dubdi: The oldest monastery of Sikkim at Yuksam



Inaugural meeting of the members of SECF



Martam: Lepcha indigenous tribe



Chongri: Yak herders hamlet



Labang: Gurung Sheep Herders

Itinerary for the village trek:

Days	Place	Attraction	Distance / Hours	Elevation	Partner
Day - 1	Reach Nambu Base Camp		-	1600 m	YEC
Day - 2	Nambu – Chongri	Yak herder’s Hamlet	7km / 5 hours	2050 m	YEC
Day - 3	Chongri – Topung	Limboo Heritage Village	5km / 4 hours	2000 m	YEC
Day - 4	Topung – Melli	Bhutia Heritage Village	5km / 4 hours	2150 m	KCC
Day - 5	Melli - Khecheopalri	Wishing Lake	5km / 4 hours	1800 m	KCC
Day - 6	Khecheopalri – Yuksam	First capital of Sikkim	5km / 4 hours	1780 m	KCC
Day - 7	Yuksam - Pokhri Danra	Dubdi, Hongri monasteries	7km / 5 hours	2200 m	AEC
Day - 8	Pokhri Danra - Labdang	Gurung Heritage Village	7km / 4 hours	2100 m	AEC
Day - 9	Labdang - Martam	Lepcha Heritage Village	7km / 5 hours	1400 m	NEC
Day - 10	Martam – Borong	Borong Heritage Hot Springs	4 km / 3 hours	1080 m	NEC
Day -11	Borong - Ravangla		20 km by road	2100 m	NEC

Partner Organizations:

Areylungchok Ecotourism Committee (AEC) - Labdang,
 Narsing Ecotourism Committee (NEC) - Pokhri,
 Yambong Ecotourism Committee (YEC) - Nambu,
 Ecotourism Service Providers Association of Yuksam (ESPAY),
 Hee Bermiok Tourism Development and Heritage Conservation
 Society (HBTDHCS),
 Khangchendzonga Conservation Committee (KCC) - Yuksam

Rates :

Porter (with food)	: Rs. 120/- per day
Homestay (with food)	: Rs. 350/- per day
Village camp sites	: Rs. 30/- per tent
Cook	: Rs. 300/- per day
Guide	: Rs. 300/- per day
Cultural show on request	: Rs. as you wish

For village based coordination please contact the Executive Secretary of Sikkim Ecotourism and Conservation Federation (SECF) – Mr. Nima Tashi Bhutia, **Phone:** 09733085127,
Email: secf@tmi-india.org , **Web:** www.tmi-india.org.

